**How are mental health and attendance linked?**

When a young person is struggling with their mental health school attendance can be affected.



A great website for resources, guidance and support around supporting a young person’s mental health can be found below - [Children's mental health - Every Mind Matters - NHS](https://www.nhs.uk/every-mind-matters/supporting-others/childrens-mental-health/)



Email contact in school – sharpr@brookfield56.lancs.sch.uk Please feel free to email for advice on where to find more resources to support your child’s wellbeing or with any concerns you have.